

Post-Operative Care Instructions for Patients having:

BOTOX

- Do not lie down for 4 hours
- Do not touch or massage the treated areas for 4-6 hours
- Work the treated areas by wrinkling the forehead and frowning for 1-2 hours.
- Do not exercise (running, aerobics, weight lifting, etc) for 24 hours.
- No aspirin or ibuprofen for 24 hours.
- It may take up to 2 weeks for full effect to be achieved.
- Potential post-operative side effects: headache, bruising, pain during injections, asymmetry (one side different than the other), twitching, numbness, and temporary drooping of eyelids or eyebrow.

JUVEDERM

- Some bruising is normal and may last for 5-7 days. Aspirin, Vitamin E, and non-steroidal anti-inflammatory drugs may make bruising worse; however, we normally do not recommend discontinuing these drugs. Some bruising following these procedures is expected.
- There will be minimal discomfort for a day or two.
- You may apply makeup immediately following the treatment.
- Some lumpiness and swelling is normal and lasts up to 7 days. Swelling typically is the worst two days after treatment.
- Some patients need more treatment for optimal results



AESTHETIC ESSENTIALS
facial professionals