

Post treatment instructions for
Lip Augmentation

- Continue to apply ice in between lips (like a hamburger) for next 24-48 hours.
- Apply Aquaphor generously to the area for next 3-4 days or until healed.
- Arnika gel, pills, or spray should be used for 3-5 days or until healed. (These can be purchased at either office).
- Tylenol may be taken for pain. (Avoid aspirin products)
- You may also take Benadryl at night for swelling.
- Sleeping with head elevated and avoid alcohol for 24 hours.



AESTHETIC ESSENTIALS
facial professionals